



Group Agreement

26/03/2026

We believe that people from all backgrounds can enjoy learning, performing and watching improvisation. Our aim is to provide a positive environment for people of all ages, genders, ethnic backgrounds, physical abilities, cultural views, sexual orientations, religions and nationalities.

Our guidelines

Our group agreement is a set of guidelines that help us create an environment that is safe, supportive and fun for everyone. 99% of the time this won't be needed, so this is for the other 1% of the time.

1. Improvisation is co-creative and we make each other look good by listening, giving space and supporting other people's offers.
2. Every member of the group is equal and worthy of dignity, kindness and respect. We respect each other's needs, boundaries and points of view.
3. We ensure no one's identity is objectified, used as a punchline, or treated as something that is up for debate.
4. We don't do scenes, or engage in conversations, that are explicitly sexual or aggressive towards other members of the class.
5. Any student can call a timeout at any time to stop a scene or game they are finding uncomfortable and it will be stopped immediately.

Timeouts apply at any time in class or on stage. There will be a chance to talk about it in the moment if you wish, or to check-in later.

Making a supportive space together

We use humour, absurdity, character, drama and emotional heightening to explore the funny business of being human. That's a rich mix, and we can only create a safe and supportive space by everyone being open and responsive to feedback.

In class, we will give everyone an opportunity to share any personal boundaries (physical, mental, emotional) pronouns or accommodations they'd like others to know about.

You can raise a boundary or accommodation at any time. If you'd prefer not to share publicly you can let the teacher know privately.

Drop-in Classes

We're a small community in a small town and drop-in classes are designed for intermediate/advanced players.

While these sessions are a learning space, participants are expected to be able to practice the skills on our [checklist](#) to engage fully in the classes, and support others in the group.

Your agreement

By taking a class with us you agree to follow these guidelines in classes, shows, social spaces before and after class and on digital platforms connected with Here & Now People.

In the event that someone's actions fall outside the guidelines in the group agreement then this will be worked through with the individuals involved. In some cases this may mean an individual is asked to leave the group.

Get in touch

Please contact Alex Menhams at Here & Now People if you have any questions or concerns. You can reach him on 07931 703783 or alex@hereandnowpeople.com and please don't hesitate to get in touch.